Aloha!

Family Support Hawaii (FSH) enters its 43rd year providing the highest quality programs for children and families, we want to thank our donors, volunteers, families, and staff for your continued support of our mission “to support families and communities in providing love and care for our children.” We know that the work done could not have happened without your generous donations of funds, volunteer time, material goods, and many times, your emotional support. You are there in spirit when we serve families, and we know you are grateful for all your contributions. Our fall campaign is key to completing our financial commitments to funders and families, and we ask you to continue your financial support, which will go directly to improving the lives of children and their families in West Hawaii through the programs we have featured in this fall newsletter.

The effects of Covid-19 have challenged us to develop new and effective strategies to stay connected to the families we serve. We are proud that we have been successful in maintaining services with minimal interruptions. Technology has aided us as we continue our commitment to follow all CDC recommendations while maintaining our program services.

However, the one area of agency operations we have not been able to continue through the Covid-19 pandemic has been our community fundraising events. FSH relies on fundraisers together with donations to continue our vital work, but we have been unable to hold our events, such as the highly successful annual Serve It Forward Tennis Tournament. Fundraisers held by others to benefit FSH, including the Wahine Fishing Tournament, have had to be cancelled. So NOW more than ever we need your continued support.

It is the collective effort that has kept our doors open and given us the continued drive to serve families. We are guided by our hard-working Board of Directors who give their time to keep us on track and fiscally sound. Program volunteers help us extend our hand to those we could not otherwise reach due to funding limitations. They provide support in our office so staff can be in the field, they attend activities so more children can participate, and contribute in more ways that can be listed here. These “branches” of our tree are an integral piece of our present and ongoing accomplishments, and we are grateful for your support.

Family Support Hawaii will be closing out the year with a continued commitment to those we serve and optimism in looking forward to what we can accomplish together in 2022.

PLEASE REMEMBER US ON GIVING TUESDAY, NOVEMBER 30th

Mahalo,
Ray Wofford, LMSW, MBA
Executive Director

Early Head Start

Early Head Start (EHS) provides early childhood development and family engagement through center-based and home visiting services in West Hawaii. Despite the operational challenges of delivering services during the world-wide pandemic, our staff responded with innovative ways to safely adapt services to meet the needs of families in our community. During Hawaii’s statewide lockdown, the program continued to deliver services virtually via phone and video conferencing solutions, while at the same time addressing food security by partnering with local farmers and churches to deliver fresh produce to families in isolated rural areas.

Family Support Hawaii’s Greenwell Family Child Development Center in Kealakekua was able to remain open during the pandemic, helping to maintain a sense of normalcy and routine for those children and their families. When possible, program staff were able to conduct visits with families outside using social distancing and other safety measures to continue delivering services in the child’s natural environment. As we move forward, the program is preparing for a return to in home visits which will be a welcome change for both families and staff who miss the personal engagement.

We want to thank our staff for their resiliency and adaptability and modeling those skills for the families they work with. We would also like to thank all our community partners who stepped up to the challenge and collaborated with our program to ensure we can deliver uninterrupted services to our community in its time of need. Without that support, it would have been difficult to have the successes that we did amongst all the challenges we’ve faced over the course of this pandemic. To all of our community partners, friends, donors, volunteers, and supporters, we thank you. Let’s keep fulfilling that mission together.

Early Intervention

Early intervention services (EIS) are crucial for infants and toddlers with developmental delays or who are at risk for delays. Medical conditions and/or early trauma or negative experiences can adversely impact a child’s development, and the earlier we can identify these issues and connect a child to services, the better the outcome is for children and their families.

However, the coronavirus pandemic has added many challenges for the delivery of timely, high-quality services for families. EIS has now returned to in-person visits (with restrictions and safe-practices in place) to ensure safety for the staff and the families served.

Fortunately, working closely with the Hawaii Department of Health Early Intervention Section, we have been able to adapt and be flexible with families. We have provided virtual platforms that maintain privacy and security while supporting families as they continue to work with the Early Intervention team and their child. Our team of qualified therapists have been able to continue to provide ongoing support as well as evaluations/assessments as needed via telepractice.

Equity and access to services is a priority to us as we continue to engage families. Covid has made this challenging as it became apparent that not all families had equal access to technology, and sometimes had no access at all in certain rural areas of the Big Island. We constantly had to adjust and be creative in how we could engage a family who needed our support in a meaningful way.

We are grateful for the community resources that were offered and provided to families during this most difficult of times and look forward to a brighter future for our programs and the families we serve.

Family Support Hawaii (FSH) has just adopted the Parents as Teachers (PAT) model, an evidence-based early childhood home visiting model that provides services to pregnant women and families with children from birth through kindergarten. HVS previously served families with children only up to the age of three and for only one year, but now we are able to serve children to age five and for a period of at least two years. Our referral sources remain Child Welfare Services, Voluntary Case Management, and Family Strengthening Services. Home Visiting Services continues to work closely with our referral sources to support families throughout West Hawaii.

The Fatherhood Initiative is focused on engaging fathers with their children and significant others. The program brings fathers together to share with each other their stories and provide peer support. Fathers learn techniques to cope with stress, relationships, and conflict. Many fathers came into the program at risk of losing visitation rights with their children. They felt alone and believed that the system was working against them. With the support of their peers, they were able to understand and navigate the requirements of family court and develop positive relationships with the mothers of their children, allowing them the opportunity to be a regular part of their children’s lives.
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EARLY HEAD START

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HOME VISITING SERVICES

Home Visiting Services (HVS) has adopted the Parents as Teachers (PAT) curriculum, an evidence-based childhood home visiting model that provides services to pregnant women and families with children from birth through kindergarten. HVS has previously served families with children only up to the age of three and for only one year, but now we are able to serve children to age five and for a period of at least two years. Our referral sources remain Child Welfare Services, Voluntary Case Management, and Family Strengthening Services. Home Visiting Services continues to work closely with our referral sources to support families throughout West Hawaii.

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FATHERHOOD INITIATIVE

A

According to the US Census Bureau, 1 in 4 children live without a father. Children growing up without a biological, step, or adoptive father in the home are at greater risk of poverty, obesity, behavior problems, dropping out of high school, drug abuse and other negative outcomes. Research shows that fathers are just as important to a child’s emotional, psychological, and physical well-being as mothers. The Fatherhood Initiative is focused on engaging fathers with their children and significant others. The program brings fathers together to share with each other their stories and provide peer support. Fathers learn techniques to cope with stress, relationships, and conflict. Many fathers came into the program at risk of losing visitation rights with their children. They felt alone and believed that the system was working against them. With the support of their peers, they were able to understand and navigate the requirements of family court and develop positive relationships with the mothers of their children, allowing them the opportunity to be a regular part of their children’s lives.

If you would like to be a part of one of our monthly groups, or act as a mentor for a father in need, please contact Ben Huss, Program Director at 808-840-9550 or email fatherhood@fsswh.org.

www.famiysupporthawaii.org
Family Support Hawaii Early Head Start provides quality educational experiences through center-based and home-based services to pregnant women and children from birth to three years old. The foundations for school readiness begin in pregnancy and continue for the first three years. The foundational nature of developing skills, knowledge, and attitudes in the infant and toddler years are necessary for success in school and for later learning and life. The program uses a curriculum and assessment system which is aligned with the Head Start Child Development and Early Learning Framework, the EHS Child Outcomes for Birth-Three and the Hawaii Early Learning and Development Standards. Assessment data is collected three times per year using the My Teaching Strategies assessment system. School readiness skills are assessed in the areas of social/emotional, cognitive, language and literacy, physical development and approaches to learning. Results from the My Teaching Strategies assessment, as well as from other sources, are analyzed by EHS staff members and are used to guide individualized plans for the child, training and professional development plans and program improvement plans.

TEACHING STRATEGIES GOLD ASSESSMENT RESULTS
June 2021

CHILDREN AGE BIRTH TO 1
Below Expectations: 5%
Meeting Expectations: 87%
Exceeding Expectations: 8%

CHILDREN AGE 1-2
Below Expectations: 0%
Meeting Expectations: 93%
Exceeding Expectations: 7%

CHILDREN AGE 2-3
Below Expectations: 20%
Meeting Expectations: 76%
Exceeding Expectations: 4%

TOTAL CHILDREN AGE BIRTH-3
Below Expectations: 8%
Meeting Expectations: 86%
Exceeding Expectations: 6%

- The total number of children served: 124
- The total number of families served: 101
- The average monthly enrollment: 89%
- The percentage of eligible children served: 32%
- The percentage of enrolled children that received medical exams: 100%
- The percentage of enrolled children that received dental exams: 73%

PARENT INVOLVEMENT ACTIVITIES

Early Head Start is a family-centered program, following the tenets that children develop in the context of their family and culture and that parents are respected as the primary educators and nurturers of their children. The program strives to engage parents and families through a variety of activities, training and educational opportunities. Throughout the 2020-2021 program year, families in our program had opportunities to participate through:

- Teacher and Home Visitor Visits
- Parent/Teacher Conferences
- Health Advisory Committee Meetings
- Male Involvement Activities
- Policy Council Meetings
- Community Field Trips
- Parent/Child Socialization Events

PARENT TRAINING TOPICS
- Oral Health
- Nutrition, Food Budgeting
- Cooking Demonstration
- Children’s Growth and Development
- Job Readiness Skills
- Transition to Preschool
- Health and Safety
- Math Learning Activities
- Stress Management for Families
- Support for Children with Special Needs
- Child Observation
- Cultural Competencies
- Domestic Violence and Substance Abuse Prevention
- Community Resources
In accordance with the Single Audit Act and OMB Circular A-133 our Financial Audit Report for fiscal year ending June 30, 2021 by Carbonaro CPA & Associates INC was released on January 17, 2021 and did not report any findings. The complete financial report is available online at our website at https://familysupporthawaii.org/about-us/annual-reports/

### Public Funds Received FY 2020-2021

<table>
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<tr>
<th>Source</th>
<th>Amount</th>
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<tbody>
<tr>
<td>US Dept of Health and Human Services</td>
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<tr>
<td>US Dept of Treasury</td>
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<td>US Dept of Agriculture</td>
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<td>State and County</td>
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<td>Contributions and Other Revenue</td>
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<td>Public Funds</td>
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<td>Private Funds</td>
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<td>Total Federal</td>
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<td>Total Non Federal Share</td>
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<td>Total Funding</td>
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### Expenses FY 2020-2021

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Wages, PR Taxes, Benefits</td>
<td>1,456,261</td>
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<tr>
<td>Indirect Expenses</td>
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<tr>
<td>Outside Services</td>
<td>232,979</td>
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<tr>
<td>Supplies</td>
<td>160,149</td>
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<tr>
<td>Occupancy</td>
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<td>In-kind Expense</td>
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<tr>
<td>Pass Through Expense</td>
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<tr>
<td>Insurance</td>
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<tr>
<td>Training, Travel, Conferences</td>
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<td>Depreciation</td>
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<td>Telephone</td>
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<td>Equipment and Vehicle Exp</td>
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<tr>
<td>Utilities</td>
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<td>Fundraising Expense</td>
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<tr>
<td>Mileage Reimbursement</td>
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<tr>
<td>Other Expenses</td>
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<td>Professional Fees</td>
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<td>Project Expenses</td>
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<td>Client Assistance</td>
<td>1,164</td>
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<tr>
<td>Postage, Printing, Advertising</td>
<td>877</td>
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<tr>
<td>Total Expenses</td>
<td>2,640,226</td>
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</table>