

Supporting families and communities in providing love and care for our children.

FAMILY SUPPORT HAWAI'I

Annual Report 2012-2013

Nā Makua Kāne Maika'i 'O Hawai'i

Great Fathers of Hawai'i

Our mission is for every father on the Big Island to have a productive and positive relationship with his children because **FATHERS MATTER.**

The West Hawai'i Fatherhood Initiative (WHFI) seeks to strengthen families in our community by encouraging fathers to play a more active role in nurturing and raising their children. The Initiative responds to escalating social concerns regarding "father absence" by providing fathers with access to services designed to prepare them to better meet the emotional, psychological, and financial needs of their children. The WHFI also seeks to increase public awareness of the importance of father involvement.

Research has conclusively shown that children with involved and loving fathers are much more likely to be financially and emotionally secure. Fathers, you matter, and the assistance you need to become the father your child needs is more accessible today than ever before.

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FATHERHOOD

Men's Greatest Calling



Aloha!

FAMILY SUPPORT HAWAII'I

...supporting families and communities in providing love and care for our children since 1979!

Dear Friends,

If I had to say in just one phrase what Family Support Hawaii (FSH) does, it would be that it changes lives for the better. FSH's past 35 years of success in improving the lives of children and families serves as our foundation, together with our partners and beneficiaries, to build our future. Our commitment is to deliver quality services that result in measurable and verifiable positive change in the lives of those we serve. The articles in this newsletter will describe some of the positive impacts on the 1,900 lives that we reach each year.

As funding for social services is increasingly challenged with government cutbacks, we realize we must think differently about our service delivery to improve the return on social investment. I believe the future for our mission, ***to support families and communities in providing love and care for our children***, will depend increasingly on private support. The public and private funders of today and tomorrow will be supporting value-producing organizations, and place more emphasis on *social return on investment* (SROI). Our stories of success in peoples' lives must be accompanied by measurable and verifiable outcomes. I believe shared values and collective aspirations are the ties that bind the community with the effectively managed and high-performing non-profit organization. I believe Family Support Hawaii has entered its **Second Stage of Growth** with a culture focused on meaningful outcomes that will attract donors interested in impacting the lives of children and families in measurable ways. I intend for FSH to be the "one stop shop" for children and families in West Hawaii through our direct services or one of our many community partnerships.

The staff and I are very excited as we commit ourselves to our Second Stage of Growth producing meaningful and measurable outcomes that help children and families achieve the changes they aspire to and want. Please join us as we invest in our community's future. I am convinced that the return on these social investments will improve all our lives.



With warm Aloha,

Ray Wofford

Ray Wofford, LMSW
Executive Director

*Photo: Barbara Dalton (left), the Big Island Representative from Governor Neil Abercrombie's office, presented FSH's Executive Director Ray Wofford (right), with a proclamation stating that **October 18, 2013** is **Family Support Hawai'i Day**.*

Check out our new website!
FAMILYSUPPORTHAWAII.ORG



Fatherhood Initiative

EARL BETTS
Fatherhood Coach

The Need

Family disintegration in Hawai'i County is at a crisis point. In 2012 the state of Hawai'i was ranked at the 7th highest in the U.S. poverty, due in part to being near the top in both father absent households and out-of-wedlock births. Research has consistently shown a direct correlation between father absence and poverty. Unfortunately, poverty is just one of the consequences that children living without their fathers face. Children whose fathers are absent are more likely to perform poorly in school, develop substance abuse problems, engage in criminal activity, and experience teenage pregnancy, ultimately perpetuating the cycle of poverty. Ensuring the welfare of our youngest citizens is a societal responsibility. We must all commit to finding ways to create opportunities that will allow every child in Hawai'i County to grow up with a loving, nurturing, and involved father or father figure.

Goals

The goals of the Fatherhood Initiative are:

- To promote public awareness of the role of fathers
- To provide linkages to other public systems and improve our current service delivery to fathers
- To fund fatherhood related programs on the county level

Why?

A father is a key element in a strong, healthy family. Research has clearly shown the negative impact of fatherless families upon children. Children from fatherless families are more likely to live in chronic poverty, do poorly in school, be abused, become teen parents, drop out of school, be incarcerated, abuse drugs or alcohol, bring drugs or weapons to school, commit crime, commit suicide, and experience psychiatric illness

Fatherhood Support Groups

- Ka'u - 12:00 pm Monday at Manuka State Park
- Kona - 5:30 pm Monday at Pahoehe Beach
- Waimea - 5:30 pm first Wednesday of every month at Tutu's House

For more information, call (808) 334-4154 or email fatherhood@familysupporthawaii.org.





Youth Development

TAREN KLINGLER
Program Manager

Family Support Hawaii, FSH, offers programs for youth between the ages of 11 and 21 whereby youth are provided support to meet their personal and social needs, to be physically and emotionally safe, to feel a sense of belonging, to have self worth, and to build the knowledge and skills that provide the framework for a path forward in preparation for a healthy enriched adulthood.

FSH youth programs include services to homeless youth, teen pregnancy prevention, truancy and in-school prevention, and an after school program.

Our Case Manager for the three programs that serve runaway, at-risk and homeless youth – **Street Outreach** provides services to youth ages 12 – 21 to assist those who have run-away, are homeless or at risk of being homeless and in need of referrals to other services; **Transitional Living** provides supportive training and services to youth ages 16 – 21 for the development and strengthening of independent living skills such as finding employment, budgeting, housing, and nutritional guidance; and the **Basic Center** program which can assist youth up to the age of 18 to apply for their identification cards or birth certificates so they can apply for employment, housing, Medicaid, food stamps and other services. This program also assists with clothing, food, medical care and other services.

Our Case Manager has assisted many youth in applying for services and even guided a youth to apply for and acquire full time employment. This particular youth, was homeless, on the streets, did not have identification, clothing or regular meals. This youth now is employed, has clothing, identification, employment and will soon be eligible for low income housing. FSH Youth Development programs make a difference in people's lives.

FSH offers programs at Kealakehe Intermediate school; we have

two full time staff, who provide programs to engage youth, in grades 6 – 8, to promote positive outcomes by providing opportunities, fostering positive relationships, and giving the support needed to build on the youths' strengths as well as preventing risky behaviors.

Positive Youth Development, an after school program, engages youth in productive and creative ways, while recognizing and enhancing their individual strengths. Incorporated into this program are leadership training and service learning opportunities. The **Truancy and In-School Suspension** program supports students to reduce or prevent absenteeism and truancy. This program helps promote quality relationships with peers and adults and strives to prevent risky behaviors and attitudes in youth, and corresponds with efforts that address negative behaviors. The **Teen Pregnancy Prevention** program is offered during the after school program, the Truancy and In-School Suspension program as well as other off-campus sites. The intention of this program is to empower youth ages 11 – 15 to reduce the risk of HIV, other sexually transmitted infections and decrease the risk of unplanned pregnancies. One of our programs, Positive Youth Development, worked with a shy student who did not want to participate in group discussions and wanted to isolate herself by reading. Over the course of the school year this young woman blossomed, she became eager to participate in group discussions and even to take on leadership responsibilities. This youth has developed many social and leadership skills as a result of participating in our in school programs and is becoming being a leader in our community.

All Youth Development programs promote positive outcomes by providing learning opportunities, fostering positive relationships, and giving support to the youth to build their strengths as well as prevent risky behaviors.



Early Head Start

STACY BROWN
Program Manager

Early Head Start provides comprehensive services to prenatal moms and babies, birth to three years old in North and South Kona, Ka'u, Waikoloa, North and South Kohala, Kamuela and Honoka'a. We offer home visiting services to 75 families and operate two licensed infant-toddler centers, one on the campus of Kealahke High School for parenting teens and one in Kealahkekua at the Greenwell Family Development Center. The Early Head Start program provides opportunities for families to participate in parent/child socialization groups, parent support and education activities, community events, Policy Council and parent committees, and family literacy projects. Parents are supported in being their child's first and most important teacher and are supported by EHS staff in learning about pregnancy, labor and delivery, nutrition services, mental wellness, infant and toddler development, connecting with community resources, well-child care and education/job training. Parent engagement is critical to the functioning of the Early Head Start program. Parents and families are provided with many opportunities to participate in the program, including giving ideas and feedback on the program and program activities, Policy Council, parent committees, parent trainings and participating in their child's observation and screening/assessment activities.

Our Early Head Start program encounters success with our children and families on a daily basis, but one child has stood out for me recently. This little girl was "born into" our teen parent program at Kealahke High School. Her mom, even though a teen, has been actively engaged in our Early Head Start program. She is in her second year of serving on the



EHS Policy council. This mom graduated from high school in June and is now attending Hawaii Community college in the culinary program. Her daughter is now attending our Greenwell Family Development Center. Now almost a year old, the little girl is a very curious learner and can play alongside peers who are older than she is. She is focused and is always engaged in various learning experiences. We have so enjoyed watching this young mom and baby progress and follow the road to learning success!

EARLY HEAD START

High quality, early learning experiences within safe, healthy, enriching and inclusive environments help communities grow stronger by strengthening children's school readiness skills. Family Support Hawaii Early Head Start uses a curriculum and assessment system which is aligned with the Head Start Child Development and Early Learning Framework, the EHS Child Outcomes for Birth-Three and the Hawaii Early Learning and Development Standards. Assessment data is collected three times per year using the Teaching Strategies GOLD assessment system. School readiness skills are assessed in the areas of social/emotional, cognitive, language and literacy and physical development. Results from the Teaching Strategies GOLD assessment, as well as from other sources, are analyzed by EHS staff members and are used to guide individualized plans for the child, training and professional development plans and program improvement plans.

TEACHING STRATEGIES GOLD ASSESSMENT RESULTS

February 2013

CHILDREN AGE BIRTH TO 1

Below percentage: 3%
Maintain percentage: 96%
Above percentage 2%

CHILDREN AGE 1-2

Below percentage: 13%
Maintain percentage: 83%
Above percentage 4%

CHILDREN AGE 2-3

Below percentage: 16%
Maintain percentage: 78%
Above percentage: 6%

TOTAL CHILDREN AGE BIRTH-3

Below percentage: 10%
Maintain percentage: 86%
Above percentage 4%

- The total number of children served: 171
- The total number of families served: 119
- The average monthly enrollment: 100%
- The percentage of eligible children served: 22%
- The percentage of enrolled children that received medical exams: 100%
- The percentage of enrolled children that received dental exams: 74%

FHS Early Head Start is a family-centered program and is designed to support parents as most important influence in their child's life. The program strives to engage parents and families through a variety of activities, training and educational opportunities.

PARENT ENGAGEMENT ACTIVITIES

Teacher and Home Visitor Visits
Parent/Teacher Conferences
Hungry and Homeless Community Event
Health Advisory Committee Meetings
Male Involvement Activities
Policy Council Meetings
Community Field Trips
Parent/Child Socialization Events

PARENT TRAINING TOPICS

Oral Health
Nutrition, Food Budgeting
Cooking Demonstration
Children's Growth and Development
Job Readiness Skills
Transition to Preschool
Health and Safety
Math Learning Activities
Stress Management for Families
Support for children with Special Needs
Child Observation
Cultural Competencies
Domestic Violence and Substance Abuse Prevention
Community Resources

Enhanced Healthy Start

REBECCA TRANSUE
Program Manager

CATHERINE ABELLERA
Program Manager

Child Development

Families come into the Child Welfare Services (CWS) system for a variety of reasons. Whatever the risk factors that lead to CWS intervention, the experience can be frightening and upsetting. The Enhanced Healthy Start program is designed to partner with those families with children under the age of three, to alleviate some of the discomfort and provide support for resolution of the risk factors that led to CWS involvement. We promote changes in family functioning that enable CWS to close their cases and families to provide nurturing care for their children.

Our program offers in-home services including information and referral, developmental screening, parent education, counseling, and nursing consultation. Services are provided primarily to biological families, but are also made available to the temporary caregivers (foster families) provided by CWS. Needs of these caregivers are identified through a parenting assessment tool; caregivers are then provided an in-home curriculum that is coordinated to those needs. This curriculum includes not only information but also activities for the caregiver to do with their children during home visits that cement

the lessons provided. Regular developmental screening of infants and toddlers is part of the program, as is referral to special assistance that may be needed to address developmental delays.

A special recent addition to the program is the ABC (Attachment and Biobehavioral Catch-Up) intervention, developed at the University of Delaware and identified by Harvard University's Center on the Developing Child as one of three promising models nationally for children who have experienced significant neglect and other forms of maltreatment. This intervention is used with both biological parents and foster parents and is designed not only to strengthen the attachment between caregiver and child, but also to strengthen the ability of the child to later attach to others.

Though our families are either court-ordered or strongly encouraged by CWS to participate in our services, we generally succeed in forging strong partnerships with them. Likewise, we pride ourselves on providing support to CWS workers, proactively recommending services and serving as a liaison between them and the families they hope to strengthen.



North Hawaii, Kona, and Ka'u Child Development Program is a family support program for families of infants and toddlers with developmental delays. Over 50 years of medical and educational research, plus the personal experience of families, teachers, and developmental specialists across the country, show that family-centered interventions during the first three years of a child's life - sometimes starting even before the newborn infant with special needs comes home from the hospital - can make a profound difference in a child's future. Starting with a partnership between parents and professionals at this early stage helps the child, family, and society as a whole. The program relies on licensed therapists to assess, plan, and provide education and strategies to children and their families. Licensed specialists providing services through this program include occupational, developmental, and speech therapists. The families, equipped with this knowledge of options for their children, are then able to provide long-term advocacy

and support. Early intervention services delivered within the context of the family, in their home and natural environment, can create more positive outcomes for children with special needs and their families. These outcomes provide the groundwork for ongoing success in school and beyond.



Financials

PUBLIC FUNDS RECEIVED FY 2012-2013

| | |
|---|------------------|
| Dept. of Health and Human Services | \$ 2,031,254 |
| Dept. of Education | 867,292 |
| Dept. of Agriculture | 49,362 |
| US Corporation for National and Community Service | 82,231 |
| State and County | 187,291 |
| Contributions and other revenue | 207,991 |
| Public Funds | \$ 3,217,430 |
| Private Funds | \$ 207,991 |
| Total Federal | \$ 3,030,139 |
| Total Non Federal Share | \$ 395,282 |
| Total | \$ 3,425,421 |

FEDERAL STANDARDS COMPLIANCE REVIEW

From 1/8/12 to 1/13/12 The Department of Health and Human Services, Administration for Children and Families, conducted an on-site monitoring review. Upon completion they reported that we were in compliance with all applicable performance standards, laws, regulations, and policy requirements, and that no corrective action was required at this time. They noted our strengths in obtaining supplemental funding and collaborating with other programs.

EXPENSES FY 2012-2013

| | |
|--|------------------|
| Salaries, Wages, PR Taxes and Benefits | \$ 2,371,738 |
| Occupancy | 174,048 |
| Supplies | 104,102 |
| Trainings and Conferences (including travel) | 56,932 |
| Utilities | 33,283 |
| Equipment and Vehicle Expenses | 63,026 |
| Mileage Reimbursement | 52,470 |
| Depreciation | 52,697 |
| Telephone | 38,003 |
| Other | 133,386 |
| Indirect | 348,840 |
| Fundraising | 18,196 |
| Total | \$ 3,446,721 |

FINANCIAL AUDIT

In accordance with the Single Audit Act and OMB Circular A-133 our Financial Audit Report for fiscal year ending June 30, 2013 conducted by Carbonaro CPA & Associates INC was released on November 16, 2013 and did not report any findings. This report is available online at www.familysupporthawaii.org.