

Early Head Start

Early Head Start is a program providing home visiting and center-based services to prenatal moms and families with babies from birth to age three throughout West Hawaii. The program provides child development services, including screening and assessment, health services, family services, parent-child play group experiences, well-baby information, parenting information, literacy activities and prenatal support. Early Head Start can help answer questions about your pregnancy, labor and delivery, help you discover the latest ideas in baby care and development, help you learn about playing with your infant and toddler and plan a healthy future for you, your baby and your family. School readiness begins at birth and we are proud to work closely with families in our community to support the early discoveries of learning during the crucial first years.

There is a particular family in our home visiting program that stands out. The family is made up of the grandparents, mom, brother and the two-year old child. This family is very involved in the program, never misses a home visit, is down on the floor and fully engaged in the visit, attends all parent-child socialization events and helps to recruit other families to the program. This family has truly experienced the difference that Early Head Start makes in the lives of children and families. This little girl, who was once shy and quiet, has now blossomed to become an outgoing, loving girl who is ready to start preschool.

FAMILY SUPPORT HAWAII



Annual Report 2013-2014

Who We Are

Fatherhood Initiative

Our mission is for every father to be a strong advocate for his family and to have a productive and positive relationship with his children because FATHERS MATTER. There is a great need for this program on our island and we are frequently asked to start a program at a new site to accommodate the fathers in need. Our father coach drives up and down the Kona coast facilitating classes, teaching and encouraging the fathers to play a more active role in nurturing and raising their children. In order to expand our services, we are training volunteer coaches for the program; these volunteer coaches will broaden our reach in the community so that more fathers can become involved with our groups. We are also moving toward offering a fee for service program whereby fathers who are mandated by the court will be able to take "live" parent education classes from our program rather than "canned" classes on the internet.

Fatherhood has many success stories but one stands out. We had a single father who was involved in an intense custody battle with the mother of his child. Initially, he was hooked on drugs and counted on friends and family to care for the child. He was not invested in his child's life, but through therapy, care coordination, and support from the fatherhood coach, he became his child's most courageous advocate. In the middle of his program, the mother of the child took the child out of state without permission. Before attending fatherhood classes, the man would not have noticed that the child was gone, but now

he cared, he had changed. He was able to find the child and apply for custody. Citing the child's need for a stable environment and therapeutic services, he was awarded full custody of the child. He credited his love for his child and the work of the therapists, the care coordinator and the fatherhood program for his transition from being a bystander in his child's life to serving as an advocate for all children. Fatherhood programs work!

Child Development

BJ came to us at 8 months of age with multiple health needs including a diagnoses of Dandy Walker Syndrome, congenital Hydrocephalus, hearing impairment. He took all food through a G-tube. Our program provided services in their home, which was initially in a rural area in the district of Ka'u. This family had to overcome many challenges including having no electricity or running water, and with limited English proficiency. With our team of specialists working weekly with BJ and his family, we were able to see good progress in BJ, who will now be turning 3 and starting preschool where he will continue to obtain new skills. Your generous donations have allowed us to continue to serve children with developmental disabilities in their home, providing parents with the tools necessary to support their children to reach their greatest potential. Our program covers Kona, Ka'u and North Hawaii. Mahalo for your generosity as we continue to serve children in our Big Island communities.



Enhanced Healthy Start

Enhanced Healthy Start offers services to families with children under age 3 involved in the child welfare services system. One of the services we offer is the nationally-recognized **ABC (Attachment Biobehavioral Catch-Up)** program that promotes attachment between caregivers and their children. The idea behind attachment is that primary caregivers who are available, dependable, and responsive to an infant's needs allow the child to develop a secure foundation for all future development. The ABC trainer serves as a family's coach and builds upon the parents' strengths to help them do three things:

- A. Provide children nurturance
- B. Uncover and follow ways the child wants to play rather than lead the child in play
- C. Uncover and change some of their own behaviors to increase a child's trust and feeling of security

As these services are available only to families involved in the Child Welfare Services system (CPS), Enhanced Healthy Start is in the process of developing an ABC enterprise activity that will make these same high-quality (and enjoyable) services available for a fee to the community in general.

Enhanced Healthy Start is a leader in the **Next Steps** working group, which brings together representatives of the Marshallese communities in West Hawaii with agency representatives. The purpose of the group is to bridge cultural gaps and promote advancement of our newest immigrants educationally, economically, and socially. Family Support Hawaii has been providing pro bono support such as meeting space, meeting facilitation and documentation, and service as a communication liaison. We recognize this as our opportunity to contribute to proactively integrating this community rather than merely reacting to challenges.

Youth Development

There is an unseen world residing right in Kailua village that people do not notice: homeless youth. We have many youth that come out onto the streets under the cover of darkness. Family Support Hawaii has been assisting these youth for many years, helping them apply for identification, driver's licenses, health care, educational resources, employment, and housing. We have big plans for these youth: we would like to start a youth feeding once a week where we could get together to talk story and provide services in a group setting; we could teach life skills such as how to complete a job application, how to apply for a job and how to rent an apartment. The street youth do not feel comfortable receiving assistance where the chronically homeless receive assistance; they consider themselves different from that population, and at this point, they are different. Our youth will go without food and medical care rather than having to

join in with people that have behavioral and mental health issues. These youth feedings would provide a good access point to initiate and receive practical services. Our goal is to provide them a "leg up" so that they can achieve stable lives.

We have several youth in our program who have successfully gained employment and housing. One such youth was on the streets for a long time; he came to us for assistance with getting identification, as he could not apply for a job without it. We helped him apply for his ID and encouraged him to apply for work. After coaching him on interviewing and job etiquette, he was hired by a restaurant and after a little while was able to apply for housing. This young man needed someone to help him get started on his path to independence; being homeless was no longer "fun" for him, and it was time to get off the streets.

Our homeless outreach program has big ideas to help the youth become happy, healthy, productive citizens and to minimize the need for public services.



EARLY HEAD START

Family Support Hawaii Early Head Start provides quality educational experiences through center-based and home-based services to pregnant women and children from birth to three years old. The foundations for school readiness begin in pregnancy and continue for the first three years. The foundational nature of developing skills, knowledge, and attitudes in the infant and toddler years are necessary for success in school and for later learning and life. The program uses a curriculum and assessment system which is aligned with the Head Start Child Development and Early Learning Framework, the EHS Child Outcomes for Birth-Three and the Hawaii Early Learning and Development Standards. Assessment data is collected three times per year using the Teaching Strategies GOLD assessment system. School readiness skills are assessed in the areas of social/emotional, cognitive, language and literacy, physical development and approaches to learning. Results from the Teaching Strategies GOLD assessment, as well as from other sources, are analyzed by EHS staff members and are used to guide individualized plans for the child, training and professional development plans and program improvement plans.

- The total number of children served: **185**
- The total number of families served: **132**
- The average monthly enrollment: **100%**
- The percentage of eligible children served: **23%**
- The percentage of enrolled children that received medical exams: **100%**
- The percentage of enrolled children that received dental exams: **63%**

PARENT INVOLVEMENT ACTIVITIES

Early Head Start is a family-centered program, following the tenets that children develop in the context of their family and culture and that parents are respected as the primary educators and nurturers of their children. The program strives to engage parents and families through a variety of activities, training and educational opportunities. Throughout the 2013-2014 program year, families in our program had opportunities to participate through:

- Teacher and Home Visitor Visits
- Parent/Teacher Conferences
- Hungry and Homeless Community Event
- Health Advisory Committee Meetings
- Male Involvement Activities
- Policy Council Meetings
- Community Field Trips
- Parent/Child Socialization Events

TEACHING STRATEGIES GOLD ASSESSMENT RESULTS

CHILDREN AGE BIRTH TO 1

Below percentage: **9%**
Maintain percentage: **84%**
Above percentage: **7%**

CHILDREN AGE 2-3

Below percentage: **11%**
Maintain percentage: **70%**
Above percentage: **19%**

CHILDREN AGE 1-2

Below percentage: **17%**
Maintain percentage: **70%**
Above percentage: **14%**

TOTAL CHILDREN AGE BIRTH-3

Below percentage: **12%**
Maintain percentage: **75%**
Above percentage: **13%**

PARENT TRAINING TOPICS

- Oral Health
- Nutrition, Food Budgeting
- Cooking Demonstration
- Children's Growth and Development
- Job Readiness Skills
- Transition to Preschool
- Health and Safety
- Math Learning Activities
- Stress Management for Families
- Support for Children with Special Needs
- Child Observation
- Cultural Competencies
- Domestic Violence and Substance Abuse Prevention
- Community Resources



Financials

PUBLIC FUNDS RECEIVED FY 2013-2014

Dept. of Health and Human Services	\$ 1,873,162
Dept. of Education	726,062
Dept. of Agriculture	32,973
US Corporation for National and Community Service	14,417
State and County	156,607
Contributions and other revenue	232,882
Public Funds	\$ 2,803,221
Private Funds	\$ 232,882
Total Federal	\$ 2,646,614
Total Non Federal Share	\$ 389,489
Total	\$ 3,036,103

FEDERAL STANDARDS COMPLIANCE REVIEW

From 1/8/12 to 1/13/12 The Department of Health and Human Services, Administration for Children and Families, conducted an on-site monitoring review. Upon completion they reported that we were in compliance with all applicable performance standards, laws, regulations, and policy requirements, and that no corrective action was required at this time. They noted our strengths in obtaining supplemental funding and collaborating with other programs.

EXPENSES FY 2013-2014

Salaries, Wages, PR Taxes and Benefits	\$ 1,693,600
Occupancy	150,318
Supplies	126,796
Trainings and Conferences (including travel)	87,079
Utilities	36,137
Equipment and Vehicle Expenses	59,657
Mileage Reimbursement	40,431
Depreciation	49,677
Telephone	30,532
Other	246,514
Indirect	369,661
Fundraising	18,754
Total	\$ 2,909,156

FINANCIAL AUDIT

In accordance with the Single Audit Act and OMB Circular A-133 our Financial Audit Report for fiscal year ending June 30, 2014 conducted by Carbonaro CPA & Associates INC was released on February 28, 2015 and did not report any findings. This report is available online at www.familysupporthawaii.org.